November Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 B- WG Oatmeal, Bananas, Milk AM- Apple Slices, Sunflower Butter, Milk L- WG Chicken Patty, Mashed Potatoes, Fresh Honeydew, Milk PM- WG Rice Cakes, Raisins, Water	**3** B- Whole Wheat Bread, Wild berry Jam, Strawberries, Milk AM- WG Crackers, Manderian oranges, Water L- WG Cheese Pizza, Peas, Fresh Cantaloupe, Milk PM- Carrots and Hummus, Water	**4** B- WG Cereal, Peaches, Milk AM- Club Crackers and Cheese Slice, Water L- HM Santa Fe Chicken, WG Dinner Roll, Corn, Fresh Tangerines, Milk PM- WG Pub Mix, Water	**5** B- Waffle, Pears, Milk AM- Saltines, Cucumber slices, Ranch, Milk L- WG Spaghetti & Beef Marinara, Green Salad Mix & ranch, Fresh Pineapples, Milk PM- WG Pretzels, Banana, Water	**6** B- WG English Muffin, Blueberries, Milk AM- Graham Crackers, Pear Slices, Water L- BBQ Pulled Chicken, WG Dinner Roll, Vegetarian Baked Beans, Fresh Mix Fruit, Milk PM- WG - Sun Chips, Milk
9 B- Pancakes, Apples, Milk AM- Cottage Cheese, Peaches, Water L- HM Shredded Chiptole Chicken, WG Dinner Roll, Green Beans, Fresh Honeydew, Milk PM- Chips and Salsa, Water	**10** B- Breakfast Sandwiches, Oranges, Milk AM- WG Ritz Crackers, Carrots, Ranch Dip, Water L- WG Chicken Nuggeets, Prince Edwar Vegetables, Fresh Cantaloupe, Milk PM- Animal Crackers, Circus Dip, Milk	**11** B- WG Choice Cereal, Bananas, Milk AM- Graham Crackers, Pumpkin Applesauce, Milk L- WG HM Cowboy Cavatini, 5 Way Mix Vegetables, Fresh Pineapple, Milk PM- Ants on a Log, Water	**12** B- WG Oatmeal, Raisins, Milk AM- Bell Pepper Strips, Ranch, Milk L- Beef Salisbury Steaks w/Gravy, WG Dinner Rolls, Mashed Potatoes, Green Salad & Ranch, Milk PM- Little Smokies, Apples, Water	**13** B- WG Toast, Scrambled Eggs, Mangoes, Milk AM- Yogurt, Berries, Water L- HM WG Mac and Cheese, Peas, Mixed Fresh Fruit, Milk PM- Teacher's Choice, Apple Juice
16 B-French Toast Sticks, Mixed Berries, Milk AM- WG - Ritz Crackers, Bananas, Milk L- Turkey Burger, WG Hamburger Bun, California Blend Veg, Fresh Honeydew, Milk PM- Club Crackers, Dill Pickles, & Cheese, Water	**17** B- WG Blueberry Bread, Pears, Milk AM- Ranch Seasoned Oyster Crackers, Oranges, Water L- Vegetarian Pinto Beans, WG Brown Rice Pilaf, Chuckwagon Corn, Fresh Cantaloupe, Milk PM- WG Goldfish, Milk	**18** B- WG Choice Cereal, Peaches, Milk AM- Apples, Cheese, Water L- HM Hamburger Stroganoff, WG Dinner Roll, Green Salad Mix & Ranch, Fresh Tangerines, Milk PM- WG Pizza Pita Bites, Water	**19** B- WG Oatmeal, Strawberries, Milk AM- WG Ritz Crackers w/ Mixed Berry Jelly, Milk L- Lemon Pepper Baked Chicken, WG Dinner Roll, Peas, Fresh Pineapple, Milk PM- WG Graham Crackers, Crockpot Apples, Water	**20** B- Mixed Berry Yogurt Parfait, Milk AM- Animal Crackers, Cranberry Applesauce, Milk L- Diced Turkey & Gravy, WG Dinner Roll, Mashed Potatoes, Fresh Mixed Fruit, Milk PM- Directors Choice, Water
23 B- WG - English Muffins, w/ Sun butter, Banana, Milk AM-Club Crackers, Turkey Slice, Cheese Slice, Water L- HM Chicken Salad, WG Tortilla, Orangutan Spinach Salad, Fresh Honeydew, Milk PM- Saltines, Olives, Water	**24** B- WG Oatmeal, Apples, Milk AM- WG - Cheerios and Raisins, Milk L- WG Cheese Pizza, Peas, Fresh Cantaloupe, Milk PM- Triscuits, Colby Jack Cheese, Water	**25** B- WG Choice Cereal, Clementines, Milk AM- Beef Sticks, Cheese Stick, Club Cracker, Water L- HM WG Mac and Cheese, Green Beans, Fresh Tangerines, Milk PM- Teacher's Choice, Milk	**26** HAPPY THANKSGIVING 	**27**  CRCC CLOSED
30 B- WG Choice Cereal, Mangos, Milk AM- WG - Pizza Crackers, Water L- Diced Seasoned Chicken, WG Penne Pasta in Marinara Sauce, Peas & Carrot Mix, Fresh Honeydew, Milk PM- Taco Seasoned Oyster Crackers, Milk				