



**Connected Roots  
Care Center**

**Resource Guide**

## CRCC FAMILY RESOURCE GUIDE (Local, State, and National)

**National Suicide Prevention Lifeline** – 988

**Nebraska Family Helpline** 1-888-866-8660

**Nebraska Family Support Network** <https://nefamilysupportnetwork.org/>

**Boys Town National Hotline** 1-800-448-3000 <https://Yourlifeyourvoice.org>

**Domestic Violence Hotline** 1-800-799-7233

**US Citizenship and Immigration Center** 1-800-375-5283

### FAMILY AND CHILD WELFARE RESOURCES

#### **211 United Way**

Just like calling 911 in an emergency, 211 is your free 3-digit helpline for local support and resources. **Call** 2-1-1, **Text** zip code to 898211 **Mobile App**: download the 211 Nebraska/SW Iowa App from the Apple or Android store. Visit **Online**:

[www.NE211.org](http://www.NE211.org) or [www.211lowa.org](http://www.211lowa.org)

- Clothing
- Counseling
- Employment
- Financial Assistance
- Food Pantries/Meal Sites
- Health Clinics
- Seasonal Services
- Shelters
- Transportation Landlord/Tenant issues

#### **Boys Town**

Boys Town can help identify which services are right for children and families. Behavioral health services are for families with children who are struggling with mental and behavioral issues. Hospital Services are for medical issues like epilepsy, hearing loss and speech development.

[www.boystown.org](http://www.boystown.org)

- Behavioral Health Services (531)355-3500
- Medical Services and Clinics (531)355-1234
- National Help Hotline (800)448-3000
- Autism Clinic (531)-355-7420
- Boys Town Parenting - [www.parenting.org](http://www.parenting.org)
- Hearing Impaired Educational Classes <https://www.boystownhospital.org/classes-and-events/roots-and-wings>

### **Catholic Charities of Omaha**

Catholic Charities seeks to serve, empower, and advocate for families in need.

<http://ccomaha.org> (402)554-0520

- Recovery & Mental Health Services
- Affordable Housing
- Children's Programs
- Family Enrichment & Support
- Food Assistance

### **Child Saving Institute**

CSI has many services and programs dedicated to supporting children, youth and families who have experienced abuse, neglect, and trauma.

[www.childsaving.org](http://www.childsaving.org) (402)553-6000

- Child Welfare Services
- Early Childhood Education
- Juvenile Justice Services
- Mental Health Services
- Prevention Services

### **Child Welfare Information Gateway**

Connecting child welfare and related professionals to comprehensive resources to help protect children and strengthen families.

<https://www.childwelfare.gov>

### **DHHS – Access Nebraska**

Economic Assistance programs promote wellbeing and provide support to achieve self-sufficiency of families, children, individuals, elderly and persons with disabilities by providing medical, nutritional and financial services

<https://dhhs-access-neb-menu.ne.gov/>

- Employment Support
- Seniors and People with Disabilities
- Nutritional and financial services
- Medical Needs

### **DHHS – iServe Nebraska**

iServe Nebraska is a convenient way for Nebraskans to apply to get help with food, utilities, healthcare, childcare and other essential needs.

<https://iserve.nebraska.gov/>

### **Eastern Nebraska Community Action Partnership (ENCAP)-**

ENCAP is a private, non-profit Community Action Agency responsible for providing social and human services to people facing poverty in Douglas and Sarpy Counties.

<https://www.encapomaha.org>

- **Douglas County Office (Omaha):** 2406 Fowler Avenue, Omaha, NE 68111 (402) 453-5656
- **Sarpy County Office (Bellevue):** 1908 Hancock Street, Bellevue, NE 68005 (402) 292-2961
- **Bellevue Food Pantry:** 1912 Hancock Street, Bellevue, NE 68005 (402) 292-2961

### **Emergency Rental Assistance**

- City of Omaha: MACCH Connect (Greater Area Continuum of Care for the Homeless) <http://macchconnect.org> Due to high call volume, please only use this phone number if you do not have internet access (402)957-1747
- Douglas County: COPE (Christian Outreach Program in Elkhorn) <https://copeinfo.org/rent-assist> or call (402-616-2330
- Lancaster County and City of Lincoln: <http://www.lincoln.ne.gov/rent> or call (402)413-2085
- Omaha Tribal Housing Authority: <https://othauthority.com> or call (402)837-5728
- Northern Ponca Tribal Housing Authority: <https://poncahousing.org> or call (402)379-8224 (Norfolk) or (402) 505-3055 (Omaha)

### **Food Bank for the Heartland**

While the Food Bank for the Heartland does not distribute food directly from the Omaha warehouse, they offer multiple ways to easily secure food. Learn more about the foodbank and the SNAP Outreach team to help navigate the application process, understand the benefits, and access additional community resources.

[www.foodbankheartland.org](http://www.foodbankheartland.org)

- SNAP/Food Resource Hotline 1-855-444-5556 (Nebraska); 1-855-944-3663 (Iowa)

### **Heartland Family Services**

HFS seeks to strengthen individuals and families in the community through education, counseling, and support.

<https://www.heartlandfamilyservice.org/> (402)553-3000

- Addictions
- Child Abuse
- Domestic Violence
- Early Childhood Development
- Juvenile Delinquency
- Mental Health
- Neighborhood Enrichment Centers
- Poverty and Homelessness

### **Lift Up Sarpy County**

Lift Up Sarpy collaborates to meet the needs of people experiencing life challenges in Sarpy County.

<https://www.liftupsarpycounty.org>

- Family Assistance
- Food
- Transportation
- Child Care
- Mental Health

### **Low-Income Home Energy Assistance Program (LIHEAP)**

The LIHEAP helps low income households stay safe and healthy by providing financial assistance to offset the costs of heating and cooling. Apply through iServe Nebraska.

<https://iserve.nebraska.gov>

### **Lutheran Family Services**

LFS provides quality human care services that build and strengthen individual, family, and community life.

<https://www.lfsneb.org> (402)342-7038

- Behavioral Health
- Children’s Services
- Community Services

### **Open Door Mission**

The Open Door Mission provides basic needs and life changing programs for the homeless and needy.

<http://opendoormission.org> (402)422-1111

- The Lydia House
- The Garland Thompson Men’s Home
- Permanent Supportive Housing
- Timberlake Outreach Center

### **Project Harmony**

Project Harmony exists to provide effective, immediate, and sensitive support to child abuse victims and their non-offending family members.

<https://projectharmony.com>

- Children and Family Services
- Case Coordination
- Missing Youth
- Anti-Trafficking Services
- Parent Training

### **Region 6 Behavioral Healthcare Resource Book**

Region 6 provides a comprehensive listing of resources available in Eastern Nebraska.

<https://www.regionsix.com>

- After School Programs
- Clothing Assistance

- Employment
- Financial Assistance
- Food Pantries
- Gangs/Gang Violence
- Hospitals/Clinics
- Housing Assistance
- Medical Care
- Medication Assistance
- Mental Health Services
- Mentoring
- Parenting Classes
- Rent Assistance
- Substance Abuse
- Support Groups
- Transportation
- Utility Assistance

### **Salvation Army's**

Our mission is to meet human needs without discrimination by providing services.

<https://centralusa.salvationarmy.org/omaha/contact-us/>

- Homeless Prevention
- Families & Children
- Disaster Relief
- Adult Rehabilitation

### **St Vincent de Paul**

Supporting our neighbors in need through spirituality, friendship, and service; providing food, clothing, financial and in-kind assistance.

<https://www.ssvapomaha.org>

[helpline@svdpomaha.com](mailto:helpline@svdpomaha.com) (402)346-5445

- Pantry and Pantry Garden
- Thrift Stores
- Conferences
- Holy Family Community Center
  - Sack lunches
  - Street Outreach
  - Emergency Clothing
  - Community Garden
  - Nebraska Criminal Justice Review
  - Community Programs

### **Together, Inc.**

Together's mission is to prevent and end hunger and homelessness in Omaha and surrounding communities. Together envisions a community of prosperity where everyone experiences safe, affordable housing, food security, health and wellness.

<http://togetheromaha.org> (402) 763-7531

- Financial assistance with rent and/or utility payments
- Short-term financial assistance
- Housing counseling and guidance
- Conflict resolution and mediation with landlords/friends/family

- Connection to mainstream services
- Housing search assistance and stabilization
- Accepts Household Item donations (no furniture)

## **PARENT/FAMILY EDUCATION**

### **ATP – Assistive Technology Partnership**

ATP is a resource for individuals with disabilities for borrowing and purchasing assistive technology equipment and for consulting with specialists regarding accessibility issues.

<https://atp.nebraska.gov/>

- Lending Library
- ATP Academy – <https://education.at4all.com>
- ATP Cadre – coaching

### **Latino Center of the Midlands**

Cultivating generations of engaged, thriving Latinos through educational support, workforce development and leadership opportunities.

<https://www.latinocenter.org/>

### **MMI – Autism Training English and Spanish (C.A.R.E.S. Program)**

CARES is a free program for caregivers of individuals with autism spectrum disorder (ASD).

Online Trainings available in English and in Spanish.

<https://www.unmc.edu/mmi/news-events/community-info-sessions/care/index.html>

### **North Omaha Learning Center**

The Learning Community works with children and families to challenge the opportunity gap through early childhood education, family engagement and future teacher preparation.

<https://learningcommunityds.org> (402)201-0022 (Tiffani)

- Parent Training
- Early Childhood Education

### **Parent Training and Information Nebraska (PTI)**

PTI provides training, information and support to parents in Nebraska who have a child, birth through 26, with special needs. Resources are provided for parents, family members, school personnel, and interested others.

<https://pti-nebraska.org>

- Special Education Resources
- Transition resources
- Medical and Healthcare Resources

- Training and Webinars

### **Women’s Center for Advancement (WCA)**

WCA helps women and their families build lives of strength, growth, and self-sufficiency.

<http://wcaomaha.org>

24-Hour Hotline: 402.345.7273

- Educational Programs
- Family Violence
- Sexual Assault and Abuse
- Counseling
- Legal Services
- Nonviolence Intervention Programs
- Careers and Economic Achievement

## **CHILD CARE AND RESPITE CARE SERVICES**

**Behaven**– provides a wide range of programs to meet the needs of children and adolescents who struggle with behavioral and mental health concerns.

[www.behavenkids.com](http://www.behavenkids.com) 402-926-4373

- Specialized Day Program
- Therapy Services
- Telehealth
- School Based Classroom Management
- Autism Services
- DBT Therapy

### **DayBreak**

DayBreak provides behavioral and mental health treatment services to empower and enhance the lives of children, individuals, and their families.

[www.daybreakbehavior.com](http://www.daybreakbehavior.com) (402)614-5548

- Day Treatment
- Counseling
- Training and Workshops
- Intensive Outpatient

### **High Hopes Child Care**

Provides comprehensive and inclusive childcare services in the Bellevue, NE area.

[www.highhopescare.com](http://www.highhopescare.com) (402)502-5655

### **Munroe-Meyer Institute Severe Behavior Disorders Program**

Munroe-Meyer Institute Severe Behavior Disorders Program provides specialized services to children with autism and other developmental disabilities who display destructive behavior, such as, aggression, self-injury, pica or property destruction.

<https://www.unmc.edu/mmi/services/sbp>

- Outpatient Therapy
- Day Treatment Therapy
- Parent Training

### **Special Sitters**

Professional in-home day care for children and young adults with a disability.

[www.specialsitters.com](http://www.specialsitters.com) (402) 697-8400

- Growth and Development
- Personal Services
- Extra Hands Services
- Home Health Services

### **The Nebraska Lifespan Respite Network**

Lifespan Respite Program is a service designed to give caregivers a break from the demands of providing ongoing care for recipients with special needs to care for themselves. The Lifespan Respite Program provides funding for eligible unpaid primary family caregivers to purchase respite services.

<https://respitene.gov/family-caregivers>

<https://dhhs.ne.gov/Pages/Respite.aspx#FAQs>

### **Nebraska Resource and Referral System (NRRS)**

The NRRS Direct Service Database contains information about community agencies and organizations that provide services to Nebraskans.

[https://nrrs.ne.gov/search/respitene\\_services](https://nrrs.ne.gov/search/respitene_services)

### **Asha's House**

Overnight Respite/Retreat and Day Learning Center located in Bellevue, Nebraska. Contact Sharon Chaudhuri for more information. Sharon is also an independent respite provider and can provide care for 1-2 disabled individuals 18 and older in her home for up to 7 days.

<https://ashashouse.org/> (402)613-4362

## **SPECIAL EDUCATION AND EARLY CHILDHOOD EDUCATION**

### **The Office of Special Education**

The Office of Special Education’s purpose is to lead the improvement of outcomes for preparing all children and students with disabilities and their families for learning, earning and living through effective use of data, collaboration, communication, and a framework of differentiated support.

<https://www.education.ne.gov/SPED/>

### **Office of Education**

The Office of Early Childhood Education provides leadership, guidance and support to develop high quality environments for young children; promote equitable access to inclusive programs and services for all children from birth through age eight; facilitate state and community partnerships that address the needs of young children and their families and, provide professional development, technical assistance and resources for personnel in early childhood care and education setting.

<https://www.education.ne.gov/OEC/>

### **Nebraska Early Childhood Collaborative**

Nebraska Early Childhood Collaborative provides support, resources and training to strengthen early learning across Nebraska.

<https://nebraskaeearly.org/>

- Teen and Young Parents
- Early Head Start Childcare
- Child Care Coordinated Enrollment
- Child Care Financial Assistance

### **Nebraska Early Development Network (EDN)**

The EDN provides early intervention services for families with children birth to age three with developmental delays and/or health care needs and connects families to needed services.

<https://edn.ne.gov/cms/>

### **PRT (Planning Region Team)**

PRT assists in collaborative planning and development of a family-centered, interagency, community-based system for all children with emphasis on those with disabilities, birth-5.

#### **Metro School District PRT’s**

- Omaha PS (PRT 19)
- Millard PS (PRT 21)
- Papillion-LaVista Community Schools (PRT 23)
- Ralston PS (PRT 24)
- Bellevue PS (PRT 20)
- Gretna PS (PRT 3)
- District 66 (PRT 22)
- Elkhorn PS (PRT 25)
- DC West (PRT 3)

- Bennington School District (PRT 3)
- South Sarpy - Platteview and Springfield Public Schools (PRT 3)

### **Metro Area Public School District Offices**

Bellevue Public Schools

[bps@bpsne.net](mailto:bps@bpsne.net) (402)293-4000

Bennington Public Schools

[www.benningtonschools.org](http://www.benningtonschools.org) (402)238-3044

Council Bluffs Community School District

[www.cb-schools.org](http://www.cb-schools.org) (712)328-6446

DC West Public Schools (Valley)

[www.dctest.org](http://www.dctest.org) (402)359-2583

Elkhorn Public Schools

[www.elkhornweb.org](http://www.elkhornweb.org) (402)289-2579

Gretna Public Schools

[www.gpsne.org](http://www.gpsne.org) (402)332-3265

Louisville Public Schools

[www.lpslions.org](http://www.lpslions.org) (402)234-3585

Millard Public Schools

[www.mpsomaha.org](http://www.mpsomaha.org) (402)715-8200

Omaha Public Schools

[www.ops.org](http://www.ops.org) (531)299-0220

Papillion LaVista Community Schools

[www.plcschools.org](http://www.plcschools.org) (402)537-6200

Ralston Public Schools

[www.ralstonschools.org](http://www.ralstonschools.org) (402)331-4700

South Sarpy Schools/District 46 (Springfield/Platteview Community)

[www.springfieldplatteview.org](http://www.springfieldplatteview.org) (402)592-1300

Westside Community Schools/District 66

[www.westside66.org](http://www.westside66.org) (402)390-2100

Yutan Public Schools

[www.yutanpublicschools.com](http://www.yutanpublicschools.com) (402)625-2243

### **Safe2Help**

Safe2Help allows anyone to instantly and anonymously share safety concerns that could impact students and community (download the safe2help app)

<https://safe2helpne.com/>

## **FUNDING/FINANCES/BENEFITS**

### **Economic Impact Payments**

<https://www.irs.gov/coronavirus/economic-impact-payments>

### **Enable Savings Plans**

The Enable Savings Plan allows Nebraskans with certain disabilities to create tax-advantaged ABLE savings accounts to pay for qualified disability-related expenses.

<https://www.enablesavings.com/>

### **Social Security Disability Resource Center**

Learn How to Get Disability

<https://www.ssdrc.com/>

### **The Supplemental Security Income (SSI)**

SSI program provides monthly payments to adults and children with a disability or blindness who have income and resources below specific financial limits.

<https://www.ssa.gov/benefits/ssi/>

### **State of Iowa Medicaid**

<https://dhs.iowa.gov/ime/members/medicaid-a-to-z/MKSN>

### **State of Nebraska Benefits**

DHHS Support Application

<https://dhhs.ne.gov/pages/accessnebraska.aspx>

Aged and Disabled Waiver

<https://dhhs.ne.gov/Pages/Medicaid-Aged-and-Disabled-Waiver.aspx>

Developmental Disabilities Services of NE

<https://dhhs.ne.gov/Pages/Developmental-Disabilities.aspx>

League of Human Dignity <https://leagueofhumandignity.com/#2>

Lifespan Respite of Nebraska (find provider)

<https://respite.ne.gov/> <https://dhhs.ne.gov/Pages/Respite.aspx>

## **LEGAL ASSISTANCE/GUARDIANSHIP**

### **Educational Rights Council**

Advocates for Educational Equity. Education Rights Counsel removes barriers so all children stay in school and thrive.

[www.educationalrightscouncil.org](http://www.educationalrightscouncil.org) (402)263-6200

### **Iowa Legal Aid**

Iowa Legal Aid provides legal help to low-income Iowans facing legal problems

[www.iowalegalaid.org](http://www.iowalegalaid.org) (712)328-3982

### **Legal Aid of Nebraska**

Legal Aid of Nebraska promotes justice, dignity, hope and self-sufficiency through quality civil aid for those who have nowhere else to turn.

[www.legalaidofnebraska.org](http://www.legalaidofnebraska.org) (402)348-1069

### **Protected Tomorrows**

Protected Tomorrows offers a variety of services for families with special needs individuals, and for those assisting with the care and planning needs of family members and loved ones with special needs.

[www.protectedtomorrows.com](http://www.protectedtomorrows.com)

### **Seamus Kelly Law Office**

The Law Office of Seamus Kelly is a general practice firm that has extra expertise and focuses on the issues of people with disabilities and their caregivers. A caregiver's issues can range from getting a child school services to helping protect an elderly parent's assets while ensuring they receive the benefits they're entitled to.

[www.seamuskellylaw.com](http://www.seamuskellylaw.com)

- Guardianship/Conservatorship
- Special Education
- Elder law
- Disability
- Juvenile
- Estate Planning

## **PARENT RESOURCES/INFORMATION**

### **All Inclusive Aquatics, LLC**

All-Inclusive Aquatics LLC was formed with one goal in mind: giving every student the best, most rewarding learning experience. We believe that comfortability in the water is something to be enjoyed by every swimmer.

<https://www.all-inclusiveaquatics.com/> 402-212-6184

### **American Diabetes Association**

[www.diabetes.org](http://www.diabetes.org)

### **Answers 4 Families**

Connecting Nebraskans with special needs to resources and support

<https://www.answers4families.org>

### **Autism Action Partnership**

AAP serves the Nebraska autism community through targeted programs that promote support, inclusion and prosperity.

<https://autismaction.org>

### **Autism Center of Nebraska Inc.**

Autism Center of Nebraska provides services and support for individuals of all ages who have autism or other developmental disabilities.

<https://autismcenterofnebraska.org/>

- Residential Services
- Vocational and Day Services
- Community Inclusion
- Transition Services
- Employment Services
- Respite Services

### **Bridge to Independence**

Bridge to Independence is a non-profit organization that provides specialized support and services to empower individuals with autism and other developmental disabilities. Programs include an adaptive swim program (free lessons with certified adapted swim coach) and adaptive yoga program, 1 hour yoga class with a personalized approach. Other services include Adaptive Sexual Education, Water Safety and Drowning Prevention, Occupational Therapy services, Aquatic therapy services, ABA services, and other healthcare related services.

[www.bridgetoindependence.info](http://www.bridgetoindependence.info)

### **Cerebral Palsy Group**

Cerebral Palsy Group is an online resource for anyone who has cerebral palsy, brain injuries, or birth injuries.

[www.cerebralpalsygroup.com](http://www.cerebralpalsygroup.com)

### **Cerebral Palsy Guidance**

Cerebral Palsy Guidance provides vital guidance and assistance to parents of a child with cerebral palsy.

[www.cerebralpalsyguidance.com](http://www.cerebralpalsyguidance.com)

### **Cerebral Palsy Guide**

Cerebral Palsy Guide provides free educational information, financial options and emotional support for parents and children across the United States and abroad affected by cerebral palsy.

[www.cerebralpalsyguide.com](http://www.cerebralpalsyguide.com)

### **Children's Hospital Autism Clinic**

[www.childrensomaha.org](http://www.childrensomaha.org)

### **Children’s Hospital Down Syndrome Program**

Wraparound care for the whole child through coordinated, comprehensive medical, behavioral and emotional care and educational support.

<https://www.childrensomaha.org/department/downsyndrome/>

### **Children’s Hospital PATCH Program**

PATCH Program alerts providers of Diagnosis and do’s/don’ts for successful appointment

<https://www.childrensomaha.org/patch/all-about-patch/>

### **Children’s Hospital Project Austin**

Project Austin provides continuity of care to children with special healthcare needs as they transition from the hospital to home by creating community awareness and providing education to local EMS and emergency departments regarding your child.

<https://www.childrensomaha.org/hospital-experience/support-services/project-austin/>

### **The Collective for Hope:**

Grief Support Programs

<https://thecollectiveforhope.org/>

- **Grief’s Journey** – Pre-Teen, Teen, Adult Programs
- **Ted E Bear Hollow** – Children and Families Programs
- **Healing Embrace** – Pregnancy/Infant Loss Programs

### **DHHS Community Resources**

<https://dhhs.ne.gov/Pages/Community-Resources.aspx>

### **DHHS Behavioral Health Services**

[Nebraska Network of Care for Behavioral Health - Network of Care](#)

### **Down Syndrome Alliance of the Midlands**

DSA connects those touched by Down Syndrome through education, advocacy and support.

[www.dsamidlands.org](http://www.dsamidlands.org)

### **FindHelp**

Help is available in your neighborhood. Findhelp can connect you with local food pantries and meal programs. You can also find resources for housing, financial assistance, health care, and more.

[www.findhelp.org](http://www.findhelp.org)

### **Fragile X of Nebraska**

<https://fragilex.org/nebraska-fragile-x-families-resource-and-support-group/>

### **Haven 150**

A Gathering Space for Special People

<https://haven150.com/>

### **Lincoln Food Bank**

<https://www.lincolnfoodbank.org/get-food/food-finder/>

### **UNMC/MMI**

Munroe-Meyer Institute is a patient care centered program which specializes in services and supports designed to transform the lives of children and adults with disabilities and complex health care needs.

<https://www.unmc.edu/mmi/> (402)559-6418

### **The MyLink app**

The MyLink app provides a free, one-stop guide of participating cities' resources for people in need. This app makes it easy for families, case managers, and agencies to learn about, connect, and utilize services. MyLink works without a data plan or Wi-Fi. It is available to download for both Android and Apple phones.

<https://mylnk.app>

### **National Autism Association**

<https://nationalautismassociation.org/>

- Big Red Box
- Sibling, Grandparent toolkits
- Training and Resources

### **National Organization for Rare Disorders, Inc.**

[www.rarediseases.org](http://www.rarediseases.org)

### **Nebraska Autism Spectrum Disorders Network**

Up-to-date information and training based on current research on autism spectrum disorders.

<https://www.unl.edu/asdnetwork/home>

- Parent Training and Resources
- Autism Connection APP
- Social Skills Training

- Autism early screening

### **Nebraska Hydrocephalus Association**

HA Nebraska Facebook Group –

The Hydrocephalus Association (HA) has initiated a Facebook group to connect those living with the challenges of hydrocephalus in the State of Nebraska. For more information on the Hydrocephalus Association’s Community Network contact HA at [info@hydroassoc.org](mailto:info@hydroassoc.org). [www.facebook.com/groups/485968942605236/](https://www.facebook.com/groups/485968942605236/)

### **Nebraska Resource and Referral System**

A statewide database to help individuals locate and compare services of local and state agencies.

[www.answers4Families.org](http://www.answers4Families.org) -

### **Nebraska Spina Bifida**

Nebraska Spina Bifida is a network of adults and children living with spina bifida and the families, friends, and medical professionals who support them.

[Nebraska Spina Bifida, Inc. | Building a stronger Nebraska family by family.](http://NebraskaSpinaBifida.com)

### **Project Lifesaver**

Sarpy County Sherriff, Autism Action Partnership (autistic Diagnosis only), Down Syndrome Alliance (Down Syndrome Diagnosis only)

- <https://projectlifesaver.org/>
- <https://www.sarpy.gov/396/Project-Lifesaver>
- <https://autismnebraska.org/resources/first-responders/>
- <https://www.dsamidlands.org/resources/>

### **Rare Diseases Clinical Research Network**

[www.rarediseasesnetwork.org/resources-for-patients-and-families](http://www.rarediseasesnetwork.org/resources-for-patients-and-families)

**Shaken Baby Syndrome** Educate and increase community awareness of Safe Baby Campaign.

[www.safebaby.org](http://www.safebaby.org)

- Call the 24-hour crying baby helpline at 866-243-2229 (BABY)
- Information and Training Topics
  - Shaken Baby Syndrome
  - SIDS
  - Co-Sleeping
  - Second and Third Hand Smoke Exposure

### **United Cerebral Palsy Network of Nebraska**

[www.ucpnebraska.org](http://www.ucpnebraska.org)

### **ZC4H2 Research Foundation (ZARD)**

An online forum for discussion, questions, sharing with only families and individuals diagnosed with ZC4H2.

[www.zc4h2foundation.org](http://www.zc4h2foundation.org)

## **DEVELOPMENTAL DISABILITIES SERVICES/TRANSITION SERVICES**

### **The Division of Developmental Disabilities**

Provides certification, technical assistance, regulations and payment for providers of community-based developmental disabilities

<https://dhhs.ne.gov/Pages/Developmental-Disabilities.aspx>

### **360 Community Services**

360 Community Services is a Human Services Organization that provides services to both Children and Adults.

<https://360communityservices.com> (402)800-3787

- Disability Services
- Shared Living
- Day Services
- Prevocational
- Mental Health/Therapy/Counseling
- Educational Evaluations Support
- Omaha Educational Services
- Special Education Day Service School
- Collaborative Re-Entry School Step Down Service
- Transitional Program
- Children and Family Supports
- Aged and Disabled Services

### **Hands of Heartland**

Hands of Heartland serves both Nebraska and Iowa. It is a second home, a welcoming family, an expanding circle of friends, a people centered vision built around services driven by and created for each unique individual. We believe in empowering and enriching the lives of people with IDD through skill enhancement, meaningful connection, and community advocacy. We tailor a vast array of services to each person offering the support needed to pursue any goal and live bright, vibrant lives.

<https://handsofheartland.com/>

### **Mosaic**

Services are designed for people with disabilities, mental and behavioral health needs and autism, as well as aging adults.

<https://www.mosaicinfo.org/>

- Intellectual and Developmental Disabilities
- Behavioral Health and Autism
- Senior Care

### **Prime Home DDS**

Prime Home DDS is a Nebraska DHHS certified provider of specialized community based programs and services for people with developmental disabilities, offering extended family home placements and individualized habilitation programs to increase the skills and independence of people with developmental disabilities.

<https://www.primehomedds.com/>

- Extended Family Homes (EFH)
- Day Habilitation
- Community Inclusion
- Integrated Community Employment
- Crisis Intervention Services

### **Prism of Possibilities**

Prism of Possibilities is a community-based service provider for individuals with developmental disabilities in Nebraska.

[www.prismofpossibilitiesne.org](http://www.prismofpossibilitiesne.org)

- Shared Living
- Independent and Supported Family Living
- Respite Care
- Community Inclusion
- Day Services

### **APACE (Region V Services)**

Region V empowers people with disabilities to live each day to the fullest

[www.goapace.com](http://www.goapace.com) (402)590-2660

- Residential Support
  - Independent Living
  - Group Homes
  - Shared Living
  - Respite Care
- Day Supports
  - Day Programs
  - Vocational Training

- Retirement Services
- Workforce Opportunities
  - Job Development
  - Job Coaching
  - Nebraska Vocational Rehabilitation Collaboration

**Vodec**

Vodec provides life-enriching services for people with disabilities.

<https://vodec.org/>

- Day programs
- Employment training
- Residential options

**ADVOCACY**

**ARC of Nebraska**

The ARC promotes and protects the human rights of people with developmental and intellectual disabilities.

<https://thearc.org/chapter/the-arc-of-nebraska/>

- Training
- Advocacy
- Resources

**First Five Nebraska**

First Five Nebraska focuses on advancing early childhood care and learning opportunities through policy change, strategic partnerships and public education.

[www.firstfivenebraska.org](http://www.firstfivenebraska.org)

**Nebraska Association of Service Providers -NASP**

National Association of Service Providers - NASP is a state-wide membership association of organizations providing services and support to Nebraskan adults with intellectual and developmental disabilities. Through collaboration, joint problem-solving, and sharing of ideas and resources we ensure a higher quality of care for the people being served, and higher job satisfaction for the people employed by NASP member organizations

<https://www.neserviceproviders.org/>

**Nebraska Appleseed**

Nebraska Appleseed fights for justice and opportunity for all Nebraskan’s

[www.neappleseed.org](http://www.neappleseed.org)

## **Ollie Webb**

Enriching the lives of children, adolescents and adults with developmental disabilities and their families through support, programs and advocacy.

<https://www.olliewebbinc.org/>

## **Additional Resources**

### **Tracking Devices**

#### **Project Lifesaver**

Project Lifesaver is administered through local agencies. Citizens enrolled in Project Lifesaver wear a small personal transmitter around the wrist or ankle that emits an individualized tracking signal. If an enrolled client goes missing, the caregiver notifies their local Project Lifesaver agency, and a trained emergency team responds to the wanderer's area. See if Project Lifesaver is available in your area.

**As you investigate personal GPS devices, you may want to consider the following questions, if relevant:**

- Does the band have a locking mechanism? Can my loved one remove it easily?
- Can I test the product before purchasing it?
- Is it something my local first responders are familiar with?
- Does the accompanying app work with your phone?
- What is the typical battery life?
- Does the service offer Geo-fence capability?
- Does the product allow for real-time mapping?
- What is the cost of not only the device, but the monthly service subscription?

#### **Road ID App**

The eCrumb feature of the App allows family/caregivers to track someone in real time, on a map. Road ID was developed for runners, but the tracking and ID products can meet the same needs for the autism/I/DD community. <https://www.roadid.com>

#### **Project Lifesaver's PAL (Protect And Locate) Tracking System**

Along with the digital watch/transmitter, PAL has a portable receiver which notifies the caregiver of a wandering event through the use of GPS technology. If the caregiver presses the "find" button on the portable receiver, the PAL watch will determine the location of the individual. The band has a locking feature. <https://www.projectlifesaver.org>

### **AngelSense**

AngelSense is the only GPS and voice monitoring tracker created specifically for children with special needs and has been proven to save the lives of children that wandered. It's attached to the child's clothing with sensory friendly accessories and can't be removed without help from a parent. With AngelSense you get a real-time map view of all your child's locations and routes; warning alerts if your child leaves a safe environment; automatic first responder alert in case of emergency and a listen-in feature. The parents' monitoring app is available on iOS, Android, and the web. <https://www.angelsense.com>

### **Jiobit**

Jiobit is a GPS monitoring tracker that gives real-time alerts about your loved one's location no matter where they are or how far they are, allows you to customize geofencing alerts, and sends you an alert if your loved one walks too far away from you. Additional optional features include SOS Mode, an automated security system, with 911 emergency response, and Alert Button so your loved one can call for help with the click of a button. <https://jiopbit.com>

### **Care Trak**

An alarm goes off when your loved one leaves the perimeter area. It also has a mobile locator tracking unit to find your child up to a mile away. <https://caretrack.com>

### **GPS SmartSole**

GPS SmartSole® is a smartphone hidden and sealed in a trim-able shoe insole. It uses GPS and cellular technology, is charged about every day, and requires a service plan. It automatically logs its location by sending geozone alerts via email and text. <https://friendshipcircle.com>

(available on other sites)

### **My Buddy Tag**

My Buddy Tag® is waterproof, and the app alerts you when the child wearing My Buddy Tag® wanders out of your proximity or has fallen into a pool or lake. Each Buddy Tag® comes with a wristband with a locking coin-screw to prevent easy removal. <https://www.amazon.com/My-Buddy-Tag/s?k=My+Buddy+Tag> (available on other sites)